

Lady Falcons Soccer

JUNE 2008



Times are subject to
change !!!

Head Coach: Elaine Miller
Assistant Coach:
Geoff Woodruff
JV Coach: TBD



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9 7:30 - 9 A.M. Running	10	11 Open Field Firestone H.S. 7 PM-8 PM	12	13 7:30 - 9 A.M. Running	14
15	16 7:30 - 9 A.M. Running	17	18 Open Field Firestone H.S. 7 PM-8 PM	19	20 7:30 - 9 A.M. Running	21
22	23 7:30 - 9 A.M. Running	24	25 Open Field Firestone H.S. 7 PM-8 PM	26	27 7:30 - 9 A.M. Running	28
29	30 7:30 - 9 A.M. Running					

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JULY 2008



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Head Coach: Elaine Miller
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Geoff Woodruff
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Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2 Open Field Firestone H.S. 7 PM -8 PM	3	4 NO RUNNING 4TH OF JULY!!	5
6	7 7:30 - 9 A.M. Running	8	9 Open Field Firestone H.S. 7 PM-8 PM	10	11 7:30 - 9 A.M. Running	12
13	14 7:30 - 9 A.M. Running	15	16 Open Field Firestone H.S. 7 PM-8 PM	17	18 Adidas Super Showcase Strongsville TBD	19 Adidas Super Showcase Strongsville TBD
20 Adidas Super Showcase Strongsville TBD	21	22	23 Open Field Firestone H.S. 7 PM-8 PM	24	25 7:30 - 9 A.M. Running	26
27	28 7:30 - 9 A.M. Running	29	30 Open Field Firestone H.S. 7 PM-8 PM	31		

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AUGUST 2008



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Head Coach: Elaine Miller
Assistant Coach:
Geoff Woodruff
JV Coach: TBD



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4 7 - 9 A.M. 10 - 12 P.M. Firestone H.S. Practice	5 7 - 9 A.M. 10 - 12 P.M. Firestone H.S. Practice	6 7 - 9 A.M. 10 - 12 P.M. Firestone H.S. Practice	7 7 - 9 A.M. 10 - 12 P.M. Firestone H.S. Practice	8 7 - 9 A.M. 10 - 12 P.M. Firestone H.S. Practice	9 Tentative Date For Car Wash At FUCC 9 A.M.-2 P.M.
10 Girls Alumni Game Time: 1 PM Firestone H.S.	11 Scrimmage @ Firestone H.S. vs Coventry 3:30 PM	12 Firestone H.S. Practice 4 - 7 PM	13 7 - 9 A.M. 3:30—5 P.M. Firestone H.S. Practice	14 Scrimmage @ Firestone H.S. vs Hoover 3:30 PM	15 Firestone H.S. Practice 3:30 - 5 PM	16
17	18 Crestwood Away 5 PM: JV 7 PM: Varsity	19 Practice Firestone H.S. 4 - 6 PM	20 ST V-M Away 5 PM: JV 7 PM: Varsity	21 Running Hardesty Park 4 - 6 PM	22 Practice Firestone H.S. 4 - 5 PM	23 Revere Away 5 PM: JV 7 PM: Varsity
24	25 Wooster Home 5 PM: JV 5 PM: Varsity	26 Practice Firestone H.S. 4 - 6 PM	27 Woodridge Away 5 PM: JV 7 PM: Varsity	28 Practice Firestone H.S. 4 - 6 PM	29 Practice Firestone H.S. 4 - 5 PM	30 Highland Home 10 AM: JV 12 PM: Varsity

Lady Falcons Soccer

SEPTEMBER 2008



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Head Coach: Elaine Miller

Assistant Coach:

Geoff Woodruff

JV Coach: TBD



Firestone High School

Sun	Mon	Tue	Wed	Thu	Fri	Sat
31	1 Labor Day—No Practice	2 Practice Firestone H.S. 4 - 6 PM	3 Ellet Away 7 PM: JV V: No Practice	4 Practice Firestone H.S. 4 - 6 PM	5 Running Hardesty Park 4 - 5 PM	6
7	8 Glen Oak Away 5 PM: JV 7 PM: Varsity	9 Practice Firestone H.S. 4 - 6 PM	10 Running Hardesty Park 4 - 6 PM	11 Practice Firestone H.S. 4 - 6 PM	12 Running Hardesty Park 4 - 5 PM	13
14	15 WRA Away 5 PM: JV 5 PM: Varsity	16 Practice Firestone H.S. 4 - 6 PM	17 Running Hardesty Park 4 - 6 PM	18 Practice Firestone H.S. 4 - 6 PM	19 Practice Firestone H.S. 4 - 5 PM	20 Wadsworth Away 1 PM: JV 3 PM: Varsity
21	22 Kent Roosevelt Away 5 PM: JV 7 PM: Varsity	23 Practice Firestone H.S. 4 - 6 PM	24 Practice Firestone H.S. 4 - 6 PM	25 Hoban Away 5 PM: JV 7 PM: Varsity	26 Practice Firestone H.S. 4 - 5 PM	27 Louisville Away 1 PM: Varsity
28	29 Lake Home 5 PM: JV 7 PM: Varsity	30 Practice Firestone H.S. 4 - 6 PM				



Lady Falcons Soccer

OCTOBER 2008



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Stow Away 5 PM: JV 7 PM: Varsity	2 Practice Firestone H.S. 4 - 6 PM	3 Running Hardesty Park 4 - 5PM	4
5	6 Cloverleaf 5 PM: JV (H) 5 PM: Varsity (FHS)	7 Practice Firestone H.S. 4 - 6 PM	8 CVCA 5 PM: JV (H) 5 PM: Varsity (FHS)	9 TBD	10 TBD	11 TDB
12	13 Sectional	14 Week	15 *****	16 Practice	17 TBD	18
19	20 District	21 Week	22 *****	23 Practice	24 TBD	25
26	27 Regional	28 Week	29 *****	30 Practice	31 TBD	

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